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P. 06 Food Culture



Zhongshan

Zhuhai

Macao

P. 07 Map

P. 18 Index of Restaurants



P. 26 15 Must-eat Delicacies and

P.35 Index of Restaurants

P. 40 Food Culture































Zhongshan Guangdong, Sun Yat-sen's Hometown

Zhongshan, formerly known as Xiangshan (literally "fragrant hill"), is famed as "a place full of sacred flowers". Owing to the birth of Dr. Sun Yat-sen, China's great democratic revolution forerunner, this place was renamed Zhongshan in 1925. Since then, like the name Xiangshan, the sensible fragrance of Zhongshan pervades in the city of mountains and rivers.

Benefited from its location in the intersection of Chinese and Western cultures, Zhongshan has bred a lot of elites since modern times who made remarkable accomplishment in political, military, economy and cultural fields, such as the modern thinker, Zheng Guanying and the pioneer of the Chinese democratic revolution, Sun Yat-sen, writing a glorious chapter in the history of Chinese people. In the new historical period, Zhongshan people keep carrying forward the spirit of "Daring to be the first" and construct a harmonious society which is suitable for housing, start-ups, innovations, and coordinated development of economy and society under the new spirits of "philanthropism, innovation, inclusiveness and harmony". Zhongshan has been awarded as "National Sanitary City", "National Garden City", "Top Tourist City of China", one of the "Top Ten Happiest Cities in China", "National Civilized City", one of the "Ten Ecologically Civilized Cities in China", "UN Habitat Scroll of Honor Award", etc.

Zhongshan city is of humid and amiable climate, taking up an area of 1,800 square kilometers. It is a well-known hometown for Chinese going outside Mainland China, with over 800,000 compatriots residing abroad and in Hong Kong, Macao and Taiwan. Boosted with historic and

cultural heritage, Zhongshan city is endowed with an abundance of tourist resources including places in memory of famous people, urban tourist sites and rural landscapes of water town, all of which are vivid representations of a new Lingnan culture. Within the city, there is the tourism area of Sun Yat-sen's hometown (a national 5A tourist area), Zhan Yuan and Hongbo Area (national 4A tourist areas) among other cultural, ecological and industrial tourist sites. As located in the Cantonese cuisine area, Zhongshan city is also renowned for its delicious local cuisines, such as Shiqi-style pigeon, Xiaolan delicacies with chrysanthemum, Shaxi-style braised pork, Sanxiang-style thick rice noodles, Huangpu-style cured meat, almond cookies and so on.



For more than 860 years of nurturing by nature and evolvement in history, Zhongshan, a quaint but modern city in South China, has attracted millions of visitors with her charm.

Food Culture

Zhongshan: a harmonious city renowned for Cantonese Cuisine

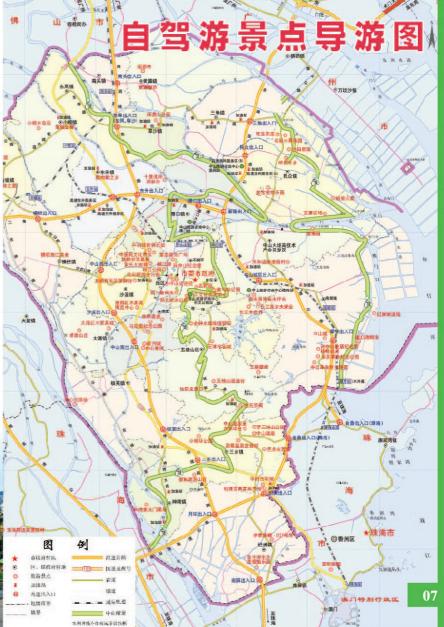
Situated in the center of the Pearl River Delta, Zhongshan city has a long history and cultural traditions, being one of the places where Xiangshan culture came into existence. As one of the representative areas of Cantonese Cuisine, Zhongshan city is well-known for its food culture both at home and abroad, which inherited the essence of Lingnan food culture and has developed the Xiangshan traditional culture to better adjust to the modern era. The food here has become an important reason why people in Zhongshan regard the city as a liveable city. It has a direct impact on whether the local people are satisfied with their lives.

After years of innovation and development, Zhongshan food has become famous than ever. It has gained a good reputation within the industry in China and become a leader within Guangdong province by ranking the first or second in a series of contests, namely the "World Championship of Chinese Cuisine", "National Cooking Contest", "National Contest of Creative Cantonese Cuisine" as well as the "Guangdong Cooking Contest". With firm industrial foundation, a large industrial scale, an abundance of talents and a great variety of dishes, the food industry in Zhongshan has, in many ways, reached and even gone beyond the standards set in the industry. Being crowned as "the city renowned for Cantonese cuisine", Zhongshan has picked up the pace in developing food industry and tourism at the same time, marching to a bright future for its tourism and catering industry.



























tylorrhynchus











Steps:

- 1. Prepare clean pigeons and drain them to dry;
- Rub the inside of pigeons carefully and outside slightly with 18g of seasonings for each and pickle them for 20 minutes;
- 3. Pour hot water onto the pigeon until their skin shrink and grease is off, then pour cold water onto the pigeon to cool them off;
- 4. Carefully pour the "crisping soup" onto the outside of the pigeon without moistening the inside. Hang the pigeons (refrigerated) for at least 5 hours until the skin is dry;
- **5.** Pour hot oil (about 120 degrees) onto the dried pigeons until the skin is crispy and the meat are ready to eat.



Ingredients: The land of the l

Steps:

 Remove the bones of the fish before cutting into strips and pickle them with salt, powder and oyster sauce. Cut Chaozhou pickle into slices and soak with water. Cut ginger into pieces and scallions into segments;

 Heat the pot until the oil is hot, put garlic and ginger in and fry till the fragrance is out. Then put the fish in and stir fry.

When the fish become melted yellow colored, put pickle, scallion and chilli in, braise for another 5 minutes and the dish is done.



As a speciality in Zhongshan city, almond cookies are made of green beans. It was created by Zuixiangyuan (a shop that sells cakes whose name means the place to taste delicious food) and is the most famous speciality in Zhongshan. Ever since its establishment, Zuixiangyuan has witnessed the vicissitudes of the city over the course of the one hundred and more years. The original almond cookies were made with green bean powder, which was molded into almond shape with pork stuffed in the middle and then baked. Hence the name "almond cookies". Now the shape has changed into round.

The history of Zhongshan almond cookies: in the late Guangxu Reign of Qing dynasty, a wise hermit in China invented the cake with green bean powder and pork as festival gifts or snacks for entertaining friends and relatives. The then magistrate of Xiangshan county found the cake not

only sweet and crispy, but also bearing the aroma of almonds and became very fond of the cake, thus writing the four Chinese characters "Chi Jia Liu Xiang" (meaning the aroma of the cake prevails in one's mouth) to extol it. That is exactly when the cake was firstly produced in batches and became popular.





Huangpu-style Cured Meat There is a saying inherited by the Lingnan people: when the wind of fall begins to blow, it is time to eat cured meat. Which is to say, every year after the Beginning of Autumn, the 13th solar term in Chinese lunar calendar, when the north wind brings coolness, it is time for people to make cured meat.

Located at the northern end of Zhongshan city of Guangdong province in southeast China, Huangpu is a notable county directly under the city government. Stories had it that during the war, the ancestors of the Huangpu people took boats from Zhujixiang, Nanxiong. Seeing that the place was full of yellow flowers and was as beautiful as a garden, they settled there to start a new life. Hence the name "Huangpu" ("Huang" means yellow and "pu" refers to gardens in Chinese).

As the weather in the Pearl River Delta is hot and humid, the smart Huangpu people made cured pork by pickling pork with salt, sugar, soybean sauce and liquor before drying it with sunshine. The cured pork is of fine color and taste. After that, they processed other parts of pigs in the same way. Gradually, they summarized a set of recipes to make different kinds of cured pork. Since then, the Huangpu people have been famous for making cured pork.





Siu Lam The main ingredient of "To Mei Chiew" is the To Mei Chiew "to mei" flower, which is fermented with starch and wine yeast. Its brewing process includes distillation, aging, mixing, and other specialized techniques. From the 1950s to the 1990s, this alcohol was produced at the Zhongshan Distillery situated in Xiaolan (Siu Lam) in great enough quantities to be exported and thus gained the name "Siu Lam To Mei Chiew."

Siu Lam To Mei Chiew has 8 features - fragrant, sweet, pure, clear, soft, slippery, pleasant and mellow. The fragrance of To Mei flower makes it unique and irreplaceable. While inheriting the traditional brewing techniques, the late Xiaolan (Siu Lam) Jucheng Distillery emphasized the fragrance, clearness, purity and slippery of the liquor. In this way, To Mei Chiew has adapted to the time and the lost treasure of the maritime silk road has restored its brilliance.

Sun fu Jiu

Zhongshan City Shigi Distillery Co., Ltd is a traditional liquor brewing and processing company that has a history of nearly half a century. It was established on the basis of a former local state-owned distillery in Shigi. With an updated and complete production chain, the company produces quality products which were recognized as the "Quality Product of

Guangdong Province" and "the Top 10 Liquor in Guangdong Province". The products mainly go to places inside Guangdong province and Hong Kong and Macao, which are well-recognized among consumers. To fulfill the remained task of Sun Yat-sen, the company went to Maotai county. Guizhou province in southern China to produce Jiang-flavor liquor with its own factory. Currently, the company provides over 30,000 tons of Jiang-flavor liquor per year. It serves customers of all tastes with a variety of Jiang-flavor liquor, including the Sunfujiu, the birthday of Sun Yat-sen series, the 1866 A.D. Series and the Oijiangrenjiajiu, thus becoming the front runner of the industry.

Pigeon eggs are also known as "Ge Luan" in the Compendium of Materia Medica (Bencao Ganamu), a traditional Chinese medical encyclopaedia.

Pigeon eggs are the eggs of rock dove or pigeons. The protein-rich pigeon egg contains a little fat, sugar, phospholipid, iron, calcium, vitamin A, vitamin B1, vitamin D and other nutrition and is easy to digest. Therefore, pigeon eggs are nutriments for pregnant women, children and patients as well_ as a popular dish for a feast.

Shiqi Pigeon Egg

Shenwan wan Pineapples are those from Shenwan county, Zhongshan Pineapple Facing the sea with hills at its back, Shenwan city has abundant infall and fertile land and makes it quite suitable for the growing of pineapples. After a long period of selection and breeding, a Shenwan pineapple now weights around 0.5 kilogram. It is golden colored and the skin is thin. Besides, the slippery and crispy pulp is

sweet with light fragrance which will remain in one's mouth. Normally there are four ways to eat Shenwan pineapples. First, peel off the skin and have a taste of the fragrant and sweet pulp without dipping in salt water. Second, drink the extracted pineapple juice to eliminate heat and thirst. Third, serve as an ingredient for the famous dish "chicken with pineapple". Fourth, make canned pineapple as souvenirs. While being well-known at home. Shenwan pineapple has made its essence overseas as the symbol of Zhongshan people's good-will.

As Xiaolan county is abundant in chrysanthemum, it is natural for the people Xiaolan-style there to use the flower to make a variety of Pickled Pork with dishes, the most famous one of which is the Chrysanthemum pickled pork with chrysanthemum. To make the dish, people slice the fat pork on the back of pigs before pickling them with sugar. The pork slices are then served with sugar pickled

chrysanthemum on the surface which is half dry half watery.



Although the pork is fat, it tastes slippery, crispy, not greasy with light fragrance of the chrysanthemum, making it a common choice for gift giving. Most local elders believe that the dish contributes to one's stomach and use it to ease stomach ache.

Index of Restaurants

Restaurant	Address	Telephone
	6/F-8/F, 16 Line Plaza, Zhongshan 3 Road (Zhongshan San Lu), East Distirct	
Western Restaurant (Zhongshan International Hotel)		
		+86 760 2225 4988
		+86 760 8668 5299
		+86 760 8832 9988
Shiqilao Zhongshan Restaurant	36 Kanghua Road, Shiqi District	
	2/F, Holiday Plaza, Xingzhong Road (Xingzhong Dao), Shiqi District	
	65 Zhongshan 5 Road (Zhongshan Wu Lu), East District	+86 760 8826 2222
	3/F-4/F, Block No.1, Zimabenteng Plaza, Zhongshan 5 Road (Zhongshan Wu Lu), East District	
	Near Gaosha Hall, Dongsheng Avenue (Dongsheng Dadao), Dongsheng Town	

Index of Restaurants

Restaurant	Address	Telephone
	Next to Fuhao Villa (Fuhao Shanzhuang) facade, Fukang Road (Fukang Lu), Shiqi District	
		+86 760 8823 4411
Xinyue Muslim Restaurant		+86 760 8831 3978
		+86 760 8830 1378
		+86 760 8623 2188
		+86 760 8885 0181
Tang's Seafood Restaurant		+86 760 8550 1899
Edge Ice Chamber Daxin Flagship Store)	1/F, Daxin Xin Du Hui Commercial Street, 2 Daxin Nan Road, Shiqi District	
	Shop 15, Zimabenteng Plaza, Zhongshan 5 Road (Zhongshan Wu Lu), East District	
Seafloor Hotpot	7FB1, Level 7, Xinduhui II, 2 Lianshi East Road, Shiqi District	+86 760 8826 6881
Jinhui Restaurant	5/F, Liand Square, Guzhen Town	+86 760 2821 8888
Shiyi Restaurant	Building 2, Eden, 36 Fuwan South Road, Shiqi District	+86 760 2360 8388
	6/F, Harbour City Shopping Centre, 1 Shengping East Road, Xiaolan Town	
Qijiang Yinxiang Zhongshan Restaurant		
Yingxi Wedding Seafood Hotpot Restaurant	3/F-4/F, Annex Building, Summer and Junli Hotel, 5 Xingzhong Road, Shiqi Town	
Jingyue Pavilion Air Food House		
Zhongshan Fengyuanxuan Tea Art Restaurant		
Rongguang National Banquet Restaurant		
Torch Yipin Royal Kitchen Restaurant		
	3/F-4/F, Century New City Excellence Center, 18 Tsui King South Road 18,West District	
Zhongshan Pigeon House Restaurant		
Zhongshan Nanlang Harbor Restaurant		
		+86 760 8866 2188
Zhongshan Rural People's Farm		+86 760 8888 7430



Zhuhai

Romantic Zhuhai, China's Zhuhai

Zhuhai, a happy city in the Guangdong-Hong Kong-Macao Greater Bay Area, is the only city in China that has been listed in the 40 Best Tourist Places in China as a whole city. It is the representative of romantic and livable tourist cities.

Vigor, openness, innovation and tolerance are the city's characteristics; Green, leisure, happiness and romance are its natural endowment. The openness of Hong Kong-Zhuhai-Macao Bridge, a contemporary world's miracle, makes Zhuhai the only city in mainland to connect Hong Kong and Macao overland. Life circle within one hour becomes matter of routine for these three cities.

Green hills and waters, blue sea and sky with sunshine and beaches are special beauty of Zhuhai. In Wanshan Island of Zhuhai, one may lie under warm sunshine and enjoy fresh seafood. Or go to Chimelong International Ocean Tourist Resort in Hengqin, have an intimate contact with rare sea animals and enjoy international top-class circus performance. Venture into sports like sailing boat, race cars, bike racetracks to experience the charm of the city all the year round. Go on a hot spring spa to save yourself from mundane life for a little while learning the leisure of Chinese imperial hot spring culture. Touch the Oyster shell wall of Zhao's from 500 years ago in the Southern

Ancient Town, which is home to this area, and imagine how spectacular the Songyuan Sea War was. Wander in the Tang Ancient Town and look back on those outstanding elites in the modern times who groped a long way for China's revival. Appreciate classic symphony in the most beautiful sea theatre, Zhuhai Grand Theatre and enjoy authentic Princess Chang Ping, a classic Cantonese opera. Take a walk in the beautiful Zhongshan University and look back on the city's road to developing the country through science and education. Of course, the most romantic thing for you is to walk hand in hand with your beloved one, wandering under flourishing tree roads, learning love stories behind Zhuhai fishing girls on the bank of Censer Bay. Vow in the breezing sea wind and promise each other that you'd never separate till the world ends...

Mountain flowers reflecting in the ocean, azure water gazing up at fluffy white clouds -- the richness of Zhuhai has a profound effect on everyone who comes here. Zhuhai's beauty is within your reach, and you will feel its warm and sincere tenderness. Zhuhai, a city full of charm, has been called one of "Top Tourist City of China", a "Demonstration City of Tourism and Leisure of China", "European's Most Loved City in China", and a "China International Garden City". With the construction of the Hong Kong-Zhuhai-Macao Bridge -- which will make travel faster and more convenient, all of the opportunities that present themselves in the Guangdong-Hong Kong-Macao Greater Bay Area, and the excitement of the recent major developments in its "special zone", this lovely city on the west bank of the Pearl River is waiting for you to arrive.

You are warmly welcomed by the romantic city, Zhuhai in China!

Food Culture

Zhuhai is the intersection of rivers and the sea. Therefore, it has abundant aquatic products. Due to great geographic position and under the condition of salt and fresh waters, fishing food here is fresh and a bit sweet with a special flavor. Guangzhou-style seafood plays a main part. Besides, special Guangzhou cuisine, Guangzhou-style tea cakes and delicious Guangzhou porridge are also universal and play an indispensable role in Zhuhai's food. On high streets and small lanes here, various dessert shops, favored by the young generation, can be easily found.

Zhuhai is also a window of China's reforming and opening up and a prosperous immigrant city. Therefore, it becomes a joint of diversified cuisines. You can enjoy specialties from different corners of China and the world wherever you come from.



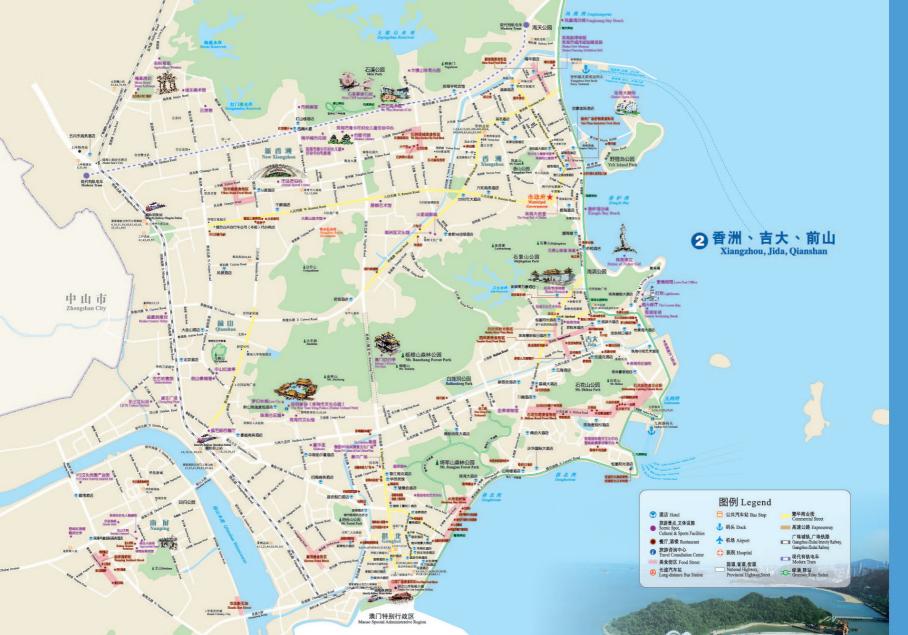












15 Must-eat Delicacies and 2 Recipes

Goose Barnacle

As a kind of marine shellfish, goose barnacle with hard shell lives in the shore rock cracks in Wanshan Island. Its shape is like dog paw, and its protein-rich meat presents three colors, and tastes delicious, sweet, fine and tender. It may be cooked by methods including scalding, steaming, cooking in porridge, or may be eaten uncooked following cleaning and dipping in mixture of light soy sauce and mashed garlic.



Double-shelled Crab in Doumen
Being the very precious kind among crabs, double-shelled
crab is characterized by delicious and tender meat. With
bright gloss and rich protein, they are nourishing
delicacies well-known in Hong Kong, Macao, Taiwan and
Guangdong.

from Wanshan



Jiang Jun Mao

As a kind of marine shellfish, it lives along the shore rocks in Wanshan Island in a shape like official hat of General in the Qing Dynasty. Its nutrition-rich meat is good in elasticity just like abalone. Cooking methods include steaming in clear soup, steaming with mashed garlic, scalding, simmering with peanuts and cooking in porridge, etc.



Urchin

As a benthonic animal, it lives in the sea area of Dong'ao Island. With long spines on back and weird appearance, it has special meat that tastes tender, fine and smooth while its golden nutrition-rich content looks fat and tastes delicious, sweet and smooth. Generally, its cooking methods include steaming with eggs or rice. It is of medical value.



Hengqin Oyster

Oysters are known as Ocean Milk Hengqin Oysters are renowned for abundant nutrition and healthy function. Hengqin Oysters are big, fleshy, white, tender, and crispy and are well-known at home and abroad.



Shangheng Yellow Sand Clam

It is a traditional food in Doumen belonging to intangible cultural heritage project in Zhuhai. Yellow Sand Clam is a kind of wild shellfish living in Maxi River, Lianzhou of Doumen, with golden shell and full meat. It tastes very fresh and delicious after steamed with green pepper, mashed garlic, salt and oil.







Tylorrhynchus

Growing in Dashatian at the junction of sea water and river water, it is a food rich in protein. Its cooking methods include steamed, fried, baked, boiled, stewed, or deep-fried.





Dachikan Barbecued Rib

It is a traditional food in Doumen belonging to intangible cultural heritage project in Zhuhai. It not only inherits Lingnan Barbecued Pork flavor, but also presents unique sauce formula and processing techniques. The fresh meat in shoulder and rib of local rural piglets is selected, pickled with sauce and aired, then placed in special oven and baked with litchi wood, and finally taken out after well-cooked. Crisp outside and tender inside with tasty flavor lingering in mouth.



Jinchao Roasted Duck

Originating from Hushan Village, Qianwu Town, Doumen District, Jinchao roasted duck is cooked with traditional roasting method and does not contain any additives. Smooth, crispy and evenly colored with delicate sweetness, it has been listed as an intangible cultural heritage in Zhuhai.



Duck Bundle

The duck bundle is a collective name of the cured making of duck feet, duck wings, duck chins. It's also called Duck Feet Bundle by people in Hengshan Village. It has been listed into the intangible cultural heritage of Guangdong province. At present, almost every family in Hengshan village has homemade Duck Feet Bundle, mostly small workshops. Among them, Zhao's is one of the outstanding brands. Douxiang Flavor, registered by Xincheng Agriculture Cooperative, has realized its production in large scale.



Baiteng Lotus Root

Baiteng Lotus Root is rich in starch, protein, and various vitamins and minerals, and is well known as plumpy, fluffy and just melting in the mouth.





Hengshan Arrowroot

Originating from Shangheng, Doumen, Hengshan Arrowroot is characterized by light fragrance, milky soup, no dreg, and good taste.

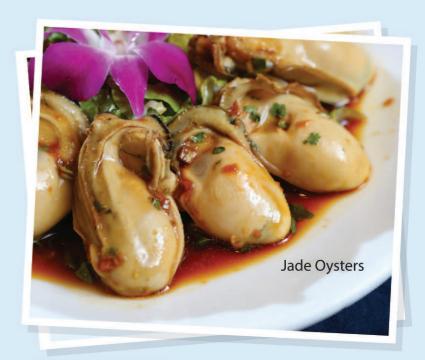


Tea Cake

As an intangible cultural heritage project in Zhuhai, this cake, popular in Tangjiawan of Zhuhai, is commonly known as "Tangjiawan Tea Cake". The cake is typically made along with solar terms. The Big Dragon Cake in the Spring Festival, Luodou Zongzi in the Dragon Boat Festival, and Taro Cake in the Mid-Autumn Festival present different flavors. There are more than 40 kinds of cakes often made in peasant families.

Jinwan tea cake is from the local traditional delicacy. Some ingredients are taken from mountain leaves, grass beside the

river. Therefore, it has special color and scent. Tea cake has many products in restaurants or village houses, especially during the Dragon Boat Festival, Mid-Autumn Festival and Spring Festival. Under strong festival atmosphere, the aroma of tea cake spreads. The products include Malianhuang sticky rice balls, Doulao, Sanya bitter cakes, wormwood leaf sticky rice balls, Zhuangyuan sticky rice balls, oil sticky rice ball and Niangao.





Steps:

- 1. Clean and drain oysters;
- Put oysters in boiling water to medium-well and then place them in the refrigerator for 15 minutes after draining;
- 3. Mix iced oysters with oyster sauce, mustard, salt and sugar.







Steps:

- 1. Clean and drain pork and ribs;
- Cut pork into a same size and sprinkle slat over them, pickling for 90 minutes;
- Put pork through sticks and then put them down into the stove evenly;
- 4. Cover the stove with a stove hat and build a fire;
- 5. Constantly turn over the pork and roast for 120 minutes till it is done.



Special Souvenirs



It uses sea basses from Baijiao nation-class pollution-free agricultural standardization demonstration area in Zhuhai as standard main ingredient, combined with traditional technique. It has a unique flavor. It can be tasted on family tables and sent to others as a gift.

Dried Baijiao Sea Bass

As a traditional handmade Guangdong-Hong Kong-Macao traditional food, it uses fresh eggs from farms, combined with high-quality wheat and excellent cream. It is strong in egg smell and gives a smooth texture. Besides, it is rich in nutrition. It is not only a unique gift with Lingnan features, but also a famous Chinese time-honored brand food.

Yuen Long Egg Rolls



"Doupai" Series Doujiu

Doujiu takes high-quality sorghum, wheat, beans as raw materials, using traditional methods and modern technology, combined with cellar fermentation and Fu-style distillation and blend them together to store for a few years. It is transparent and clear and has strong aroma scent with characteristics of sweetness, softness, freshness and cleanness. It is very popular among customers. It has won the gold medal of the Malaysia international famous brand fair and the famous brand product award of national food industry.



Hengshan duck bundle has a one-hundred-year history since Guangxu years in Qing Dynasty. It is a traditional folk food in Lianzhou Town, Doumen District. As one of the Four Cuisines of Lianzhou, it has been listed into intangible cultural heritage of Guangdong Province. It includes duck feet, duck shovels, duck wings, duck livers, duck intestines and fat pork meat. People bundle them together, marinate them by a special technique and then dry them in the air. It is a wonderful dish for dinners and

marinate them by a special technique and then dry them in the air. It is a wonderful dish for dinners and a decent gift for family and friends.



Lianzhou Dendrobium Candidum Series Products

Dendrobium candidum from Zhuhai Yifeng dendrobium candidum ecological health park has multiple functions, such as nourishing Yin, replenishing spleen, liver and gallbladder, clearing the deficiency heat, strengthening physique, promoting circulation, reduce blood sugar, inhibiting tumor, brightening eyes, nourishing the skin and so on.





It is a famous trademark in Guangdong Province, Guangdong Province famous brand products and organic agricultural certified products. It complies with organic agricultural production requirement in the whole production process using a non-genetically modified high-quality rice kind. It has a system of quality management and never uses any chemical compound fertilizers and farm chemicals. Its steamed rice tastes soft and smooth with a sweet and fragrant smell. It has excellent flavour and very good quality.

Organic Rice of Honey Long

Ten-mile Lian

River Series Products

Black rice

Black rice is a processed product of black rice plant. It is special type after long-term cultivation of gramineae. Black rice is rich in nutrition, and has high value in food and medicine. Apart from porridge, it can also produce various kinds of nutritious food and even alcohol, known as "Black Pearl" and "the King of All Rice".

Red Rice

Red rice can also be called Fu Rice, Hongqu, Chiqu and Hong Grains. Red rice, rich in starch and plant proteins, can complement vigor and maintain human's body temperature. It is also rich in ferrum, phosphorus, vitamin A, B family and many other nutrients. Therefore, it can ease fatigue, malnutrition, lassitude, insomnia and other symptoms.

Ivory Xiangzhan

lvory Xiangzhan belongs to the family of rices. It has small but long rice grains with a bright color and a sweet smell. It is soft but not sticky; it's elastic and not hard. All in all, it has an excellent flavor.

Rapeseed oil

Rapeseed oil can also be called rap oil, colleseed oil, canola oil and such. It is a clear or translucent liquid from squeezing seeds of rape. It takes on a yellow or yellow-brown color with a strong mustard flavor.

Lai Kei Bakery

Lai Kei Bakery is famous for its pure handcraft and its making and selling almond cookies and egg rolls in the meantime. Till now, it has over 200 products, including almond cookies, egg rolls, dried pork, dried beef and peanut candy, which preserve their traditional flavors by the use of traditional handcraft technique, are most popular among Hong Kong-Macao and Chinese customers. Lai for its history from old times; Kei for its compliance with the old technique. Bakery technique spreads far and is always on the lips.

Index of Restaurants - Cantonese Cuisine

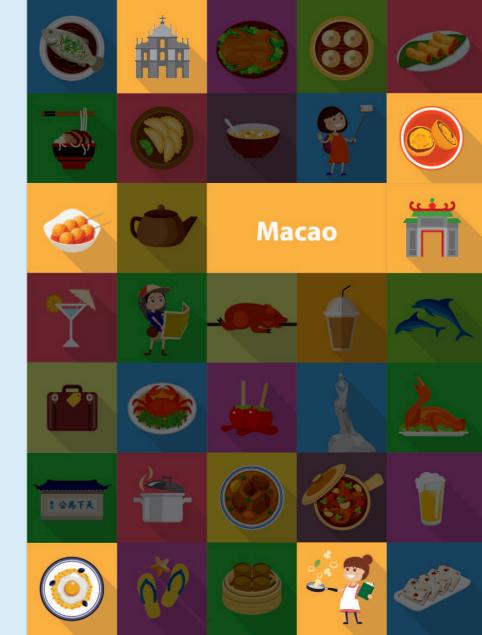
Restaurant	Address	Telephone
Gongbei		
		+86 756 8155888
Jin Yue Xuan Seafood & Hot Pot Restaurant	265 S. Lovers' Road (Qinglv Nanlu), Gongbei	
Longxuan Seafood & Hot Pot Restaurant	271-277 S. Lovers' Road (Qingly Nanlu), Gongbei	+86 756 8883300
		+86 756 8183382
		+86 756 8899333
		+86 756 8866338
		+86 756 6838888
Gongbei Shishen Seafood Restaurant		
Pinshangxuan Hotpot Seafood Home Cuisine		

Index of Restaurants - Cantonese Cuisine

Restaurant	Address	Telephone
Xiangzhou & New Xiangzhou		
Fulum Palace Restaurant	8/F, Yale Plaza, S. Fenghuang Road (Fenghuang Lu), Xiangzhou	+86 756 612988
		+86 756 218122
Shui He Xuan - Steaming-Themed Restaurant	163 Hongshan Road (Hongshan Lu), Xiangzhou District (Area A, South Entrance of the Sports Center)	
Wuzhouwan Restaurant		+86 756 253600
Mayflower Dazhaimen Restaurant	Next to Meixi Royal Stone Archways, New Xiangzhou	+86 756 862444
Longbaoxuan Seafood Hotpot Restaurant		
Deyuefang Seafood Restaurant	Minting Park, M Lover'Road (Qingly Zhong Lu)	+86 756 225118
Dianbai Hometown's Chicken Restaurant		+86 756 862287
		+86 756 892788
		+86 756 899238
		+86 756 882666
Jida		
Chaoxiang Bandao Restaurant	156 S. Lovers' Road (Qingly Nanlu), Jida	+86 756 830888
		+86 756 332732
		+86 756 322876
Mayflower Royal Restaurant		+86 756 323000
		+86 756 337888
		+86 756 336888
		+86 756 333502
		+86 756 213266
Changsheng Abalone Home Cuisine		
Zhuhai Holiday Resort Hotel	9 East Shihua Road	+86 756 333383
China Southern Pearl Hotel Zhuhai		
Tangjiawan		
Shishen Seafood Restaurant	437 Tangqi Road (Tangqi Lu), Tangjiawan	+86 756 361172
		+86 756 331159
		+86 756 331229
Doumen		
Yili Restaurant	North of Jianfeng Bridge, Jing'an Town, Doumen	+86 756 553016
		+86 756 588819
Wubing Eryu Restaurant (Doumen)	2157 Xidi Road, Jing'an Town, Doumen	+86 756 555583
Others		
	C4001 and C5001, 4/F and 5/F, Zone C, Huafa Mall, 8 Zhuhai Avenue (Zhuhai Dadao)	+86 756 833053
Xiangshan Xiaochu Restaurant	155 Nanlian Road (Nanlian Lu), Nanshan Village, Wanzai	+86 756 881190
Hengqin Oyster Seafood Restaurant	57 Baoxing Road (Baoxing Lu), Hengqin New Area (diagonally opposite to Hengqin Wharf)	+86 756 868886
	Right Side of Bailiandong Park, Jiuzhou Avenue (Jiuzhou Dadao)	+86 756 333102
Liyuan Seafood Restaurant	Blocks C&D, Zhuguang Garden, N. Guihua Road (Guihua Beilu)	+86 756 811782

Index of Restaurants - Gourmet Restaurants

Restaurant	Address	Telephone	
Others			
	Beside Town Government Building, Nanwan Avenue (Nanwan Dadao), Nanping	+86 756 867088	
		+86 756 556668	
Dashu Nongzhuang Restaurant (Uncle Village Restaurant)			
Fuyixuan Seafood Hotpot Restaurant		+86 756 722311	
Gongbei			
		+86 756 8885088	
		+86 756 8122822	
		+86 756 8883388	
Xiangzhou & New Xiangzhou			
Chuan Bao Zi	501 Ningxi Road (Ningxi Lu)	+86 756 2284555	
	109-110 Renheng Xingyuan Shopping Street, W. Renmin Road (Renmin Xilu), Xiangzhou		
Honglou Youmianfang Restaurant			
		+86 756 3313046	
Shantou Baheli Hai's Beef Hotpot	1/F, Jinjiang Inn, Phase II, YoungMIX Plaza,		
	1/F, Jinjiang Inn, Phase II, YoungMIX Plaza, 1060 S. Fenghuang Road (Fenghuang Lu), Xiangzhou District 102, 1/F, 2 Pinglan Road (Pinglan Lu), Nanping, Xiangzhou District (On the Opposite of China Post, Nanping Seafood Street)		
Honggong Restaurant		+86 756 2669988	
Jida			
		+86 756 3228588	
		+86 756 3338333	
		+86 756 3327899	
Inner Mongolia Mutton Restaurant	350 S. Lovers' Road (Qingly Nanlu), Jida (Qinglan Villa Food Street)		
		+86 756 3327588	
		+86 756 8889365	
		+86 756 3338416	
		+86 756 3335868	
		+86 756 3232896	
		+86 756 3332598	
Others			
Xinyue Muslim Restaurant	1013 W. Jiuzhou Avenue (Jiuzhou Dadao XI) (opposite to south of Banzhangshan Tunnel)	+86 756 8156518	
Mi Xian Fang		+86 756 2297008	
	B2027, 2/F, Zone B, Huafa Mall, 8 Zhuhai Avenue (Zhuhai Dadao)		



Macao

Brief Introduction of Macao Tourism

With a population of about 650,000, Macao is located in the Pearl River Delta on the southeast coast of China, at 113°35′E and 22°14′N. It consists of the Macao Peninsula, Taipa Island and Coloane Island, totally covering an area of 30.5 square kilometers, composed of the 9.3 square kilometers of Macao Peninsula, the 7.6 square kilometers of Taipa, the 7.6 square kilometers of Coloane and the 6.0 square kilometers of Cotai Reclaimed Area.

The Macao Peninsula and the Taipa Island are connected by 3 Macao-Taipa bridges, respectively with a length of 2.5 kilometers, 4.5 kilometers and 2.2 kilometers. The Taipa Island and the Coloane Island are connected by the Taipa and Coloane Continuity Road (Estrada do Istmo) with a length of 2.2 kilometers, which leads to the cities of Zhuhai and Zhongshan in China through the Border Gate at the northernmost part of the Macao Peninsula, and to the Hengqin Island in Zhuhai through the Lotus Bridge (Ponte Flor de Lotus) in Cotai. Therefore, Macao enjoys all the geographical advantages.

Located at the west side of the Pearl River Estuary in South China, Macao is the junction of Mainland China and the South China Sea. Located to the south of Tropic of Cancer where directions of the monsoon are opposite in winter and in summer, Macao belongs to the monsoon region where the weather is rainy in summer and the climate is warm and temperate.

With little rainfall, the weather in Macao is cold and dry in winter. The temperature can sometimes drop below 10 degrees Celsius. Spring comes in March and April. This season is humid and foggy with low visibility. Generally speaking, the weather is fine. Summer lasts long from May to September, in hot and humid weather. Rain and thunderstorms occur quite often. Winter in Macao lasts from October to December in sunny, stable and most comfortable weather.

According to historical records, Macao used to be a fishing village famous for oysters. The oysters produced here and nearby had shells shining like a mirror. Therefore they were called "oyster mirror". For the sake of elegance, it was later called "moat mirror".

The name of Macao originated from a Chinese goddess "Tin Hau", the Goddess of Seafarers. At that time, fishermen built up a temple to offer sacrifices there in hope of good luck all the time when working at sea. In the middle of the 16th century, the first Portuguese nationals arrived in Macao and asked the fishermen the name of the locality. The fishermen misunderstood that they referred to the temple and answered "a-ma" which the Portuguese transliterated as "MACAO". This became the Portuguese name of this small town.

For more than 400 years, Macao has constantly experienced the integration of Chinese and Western cultures, leaving behind abundant historical and cultural legacies. "The Historic Centre of Macao"- comprising over 20 historical buildings connected with the neighbouring squares and streets, together with the old urban area as its core area, preserved up to the present was listed as a World Heritage site in 2005.

Wandering in "The Historic Centre of Macao", one may dig out lots of rich history in such valuable world heritage sites like the A-Ma Temple, Senado Square and the Ruins of St. Paul's, etc.

As a tourist in Macao, tasting delicious cuisine is definitely a most timesaving and simplest way to experience the unique living culture of Macao. In the early 17th century, Macao was the aggregation of international cuisine. Bringing to Macao the ingredients and spices from all over the world, the Portuguese combined the cooking techniques of Portugal, Southeast Asia and Guangdong and created the unique "Macanese cuisine".

Street food, authentic dishes and high-end international cuisine can all be found in Macao. No wonder tourists from all over the world are attracted to Macao to enjoy the special delicious food



Food Culture of Macao

Since ancient times, people have regarded food as the most important necessity. Macao people have strict criteria on food, not only should the ingredients be fresh, cooking method authentic, food style unique, should the price also be affordable. Therefore, Macao is a junction of delicious food from all parts of the world. Here, one can taste not only the authentic Macanese cuisine, but also traditional Chinese food, Japanese food, Korean food, European and American food, as well as Southeast Asian cuisine and more.

Talking of the unique food style of Macao, we have to mention Macanese cuisine. In early 16th century, the Portuguese crossed the oceans and arrived in Macao, bringing with them traditional Portuguese ingredients such as olive oil, sausage, wine and spices. Over the years, the traditional Portuguese cuisine has evolved into today's Macanese cuisine of which the classic menu includes African chicken, "Lacassá" - shrimp soup, "Serradura" pudding, etc., each with unique and unforgettable flavor. Well-received by everyone, Macanese cuisine plays an important role in Macao's unique food culture. The unique gastronomic techniques of Macanese are even listed as the intangible cultural heritage of Macao in 2012.

In addition, a lot of restaurants in Macao provide delicate Chinese cuisine. One can taste dim sum such as shrimp dumplings, pork dumplings, etc. in a Cantonese restaurant; in Beijing cuisine, Peking duck is famous for its crispy skin and tender meat; the small steamed bun in Shanghai cuisine is a gourments' choice; people who like gustatory excitement should not miss Sichuan cuisine, of which the spicy hot pot is definitely mind-blowing. There are also many small restaurants that provide a variety of congees, noodles, boiled dumpling and wonton, barbecued or roast meet, and stirfried dishes, as well as many other kinds of food.

Walking into the high streets and back lanes in Macao, one can find a variety of authentic snacks - Portuguese egg tarts, pork chop buns, almond cookies, jerked meat and peanut brittle, which are all freshly made and aromatic. They are good choices whether you are buying them for your own contentment or for your friends and relatives as souvenirs. After several rounds of shopping, a bowl of sweet soup in a dessert shop near Avenida de Almeida Ribeiro will make you to perfectly satisfied.

All in all, the food culture in Macao is the result of Chinese gastronomy blending with Western one, while each cuisine here can maintain its original features, satisfying gourmets from all











Wonton Noodles

There are many restaurants in Macao sell exclusively Guangdong noodles of which wonton noodles is a signature dish. The skin of wonton is thin but not fragile that goes well with the fillings. The optimal ratio for fillings is 70% fresh shrimp and 30% pork, combined with elastic and chewy noodles. Some restaurants adopt the traditional hand-pulled way to make bamboo noodles, which makes the taste even more special.



Macaroni in Oxtail Tomato Soup

Tomato Soup, the favorite authentic breakfast of local people, on the menu of Macao restaurants. Though there are slight differences in the ingredients used for Oxtail Tomato Soup in each restaurant, the main ingredients are oxtail meat, carrots, onions, tomatoes, celeries and cabbages, which are cooked together in the soup for a few hours and later accompanied by pre-cooked macaroni when the soup develops moderate sourness and sweetness.



When the Portuguese arrived in Macao over 400 years ago, they brought with them food from their home country. As the boats had to pass a number of ports before arriving in Macao, they took with them Indian curry and spices as well as Malacca coconuts. Later on, these Portuguese settled down in Macao. They used these ingredients together with chicken. potatoes, onions and eggs, learned the local cooking ways and finally created the dish of Portuguese Chicken, which is available only in Macao today. The dish has rich aroma and the chicken is tender and delicious, making it a signature dish of many Portuguese restaurants in Macao. It tastes even better together with table wines.

African Chicken

African chicken is one of the unique dishes in Macanese cuisine. The African chicken cooked in traditional Portuguese recipe was relatively dry. Having been introduced to Macao and going through refinement over many years, the sauce for cooking African chicken has become more diversified today. The first step to cook the dish is to marinate the chicken with spices such as onions, peppers and mashed garlics for half day. Then, a sauce made from over 20 ingredients such as coconut milk, fresh milk, mashed coconuts, peanuts and chilis, etc. is put all over on top of the chicken. While baked until well done, the sauce infiltrates into the chicken and the tastes of spices and chicken are fully mixed up. Now, a unique dish is



Minchi was a favorite dish of Macanese in the past. Originated from the English word "mince", Minchi refers to blended pork or beef. Minchi pork/beef rice can be found in many restaurants in Macao and often goes with sunny-side-up-eggs or tricolor vegetables. It is obvious that this dish is deeply influenced by Chinese food culture, as soy sauce is often used either for marinating the food or preparing the sauce. The soft cooked pieces of minced meat are even more delicious when eaten with cut-up fried potatos.

Portuguese Bacalhau

Bacalhau, or Portuguese salted codfish, is the most famous authentic Portuguese dish. This type of fish can be fried, braised, grilled, boiled or stewed. No matter in which way it is cooked, it leaves a lingering pleasant taste on the tongue. One can often find fried Bacalhau fritters, Bacalhau fried with potato strips and barbequed Bacalhau in the Bacalhau menu of Macao restaurants. These are all special dishes of combined Portuguese and Asian flavors.





"Lacassá" - Shrimp Soup

Called as "Lacassá" in Portuguese, it is a traditional dish on the dinner table on Christmas Eve for the Portuguese. As Catholics were used to fasting on Christmas Eve in old days, this soup is not enriched with any kind of red meat and is simple to cook. The first step is to wash the shrimps and remove the shells; then add pepper and salt to the shrimps and thoroughly mix them. At the same time, make the shrimp shells into shrimp soup and filter out the cooked residues. Then, cook the linguines in the shrimp soup until well done, prepare the onions, bay leaves and salty shrimp paste with olive oil and add in the shrimps and the shrimp soup. Finally, gradually add the linguines into the soup in order to control its thickness, take out the bay leaves half an hour later and add in chopped onions. The delicacy is now ready to be served.



Portuguese Duck Rice

Duck belongs to high-class ingredients in the West. The Portuguese Duck Rice is easy to make. Firstly, the rice is cooked with duck broth and put on the shredded duck. Then Portuguese sausages are added on the top before the dish is roasted in the oven. As the rice is mixed with the shredded duck when served, giving off a strong duck flavor well balanced by a bite of the salty Portuguese sausages, the dish is considered a colorful, aromatic and delicious delicacy.



Coconut Chicken Noodles

This dish is created by the Myanmar Chinese residing in Macac who have noodles as their main food, especially egg noodles and Coconut Chicken Noodles is the most representative dish made with egg noodles. First of all, onions are fried together with yellow ginger, pepper and red chili. Then the chicken is marinated with salt and garlics, stirred into the onions and cooked thoroughly. At the same time, boil the coconut milk and season it with soy flour, salt and fish sauce. Add water to dilute

the coconut milk. Slice and deepfry the garlics. Boil the eggs in water. Put the oil noodles, onions and chicken into the coconut milk, and then add in the eggs, garlic slices and corianders. One can enjoy the authentic coconut chicken noodles in many Myanmar restaurants located at Rotunda de Carlos da Maia. San Kiu District in Macao Peninsula.





Portuguese Egg Tart

The Portuguese Egg Tart was introduced to Macao in 1989 by a British and developed into a unique egg tart here. It is called "Portuguese Egg Tart" because it is a popular snack in Portuguese-speaking countries at that time. The Portuguese egg tarts sold in bakery shops are freshly baked every day, and are aromatic and hot when presented to the customers. The crust of Portuguese egg tarts is crispy and the custard is sweet and soft, accompanied by caramel scent. In peak times, each customer can buy only a limited number of tarts. And people are eager to taste the Portuguese egg tarts even if they have to wait in a long queue.



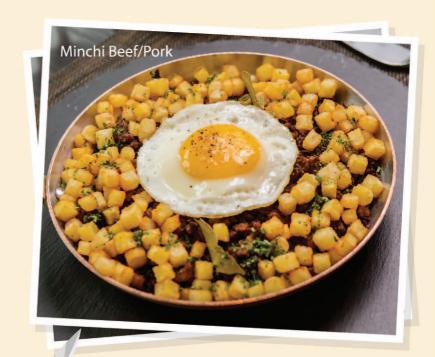
Double-layered Milk Pudding

This seemingly simple milk dessert involves complicated preparation procedures. First of all, heat concocted fresh milk, fill half of the bowl with the milk and steam it. When the surface is cooled and solidified, a layer will be formed. At this time, add in fresh milk again to make another layer. Then the double-layered milk pudding is ready. As cow milk from quality farms is used in making double-layered milk pudding to ensure its absolute freshness, a rich milky aroma will immediately drift out from the throat when one tastes the milk pudding.



Durian Ice Cream

Ice cream is the love of adults and children alike! Once the packaging of durian ice cream is opened, the nostrils are assailed by the rich durian aroma. Then, having the ice cream in the mouth, you can feel the pleasant coolness, sweetness, softness and creaminess, and the durian flesh mixed in the ice cream which diversifies the flavor. When the ice cream is made from fresh durian flesh produced in Malaysia that carries richer flavor than those produced in Thailand, durian fans should never miss it!



Steps:

- Dice the potato and deepfry it until it becomes golden in color;
- Thoroughly mix up and marinate the minchi pork and beef with sesame oil, soy sauce, dense soy sauce, pepper and rice wine for a while;
- Dice the onion and shallots. Add the mashed garlic together and saute them until aroma given out. Add marinated minchi pork and beef, saute them until aroma is given out. Add potato and mix them up when fully cooked.



Ingredients:



Ingredients: 🧢

Chicken 1
Potatoes 2 (cut into several chunks)
Yellow ginger powder 1 tbsp
Onion 1
Shallot 2
Western sausage
small quantity
Egg 1
Coconut milk 1 can
Shredded coconut moderate
Garlic 3 teaspoons
Salt 2 teaspoons
Pepper small quantity

Steps:

- Cut the chicken into chunks and marinate it with salt and pepper for 30 minutes;
- Saute the garlic, onion and shallots until aroma given out. Turn to slow heat. Add yellow ginger powder. Add chicken pieces and stirfry them thoroughly.
- Boil the potatoes in water, add coconut milk and shredded coconut when the chicken is 80% cooked and potatoes are 50% cooked (Leave some for later use);
- 4. Put the chicken into the plate when it is fully cooked. Add shredded coconut and western sausage. Put them into pre-heating oven. Gratin them with 100°C until the chicken becomes golden in color. Finally, cover the chicken with diced eggs for decoration.

Special Souvenirs

Both pork or beef jerkies are available. Each piece of freshly grilled jerky is golden in color, crispy, a bit scorched, juicy and able to make people salivating. The jerkies are made of different parts of pork or beef in different flavors such as honeydew, black pepper, numbing spicy, juicy and chili. Shops selling jerkies in Macao are generous. Customers can try different flavors before purchasing.



Golden Coin Cookie

A gol

The procedures for making golden coin cookies are particular. First, mix flour, yolk, sugar and butter into a big dough and knead it. Then separate the big dough evenly into pieces, each of the size of a pingpong ball. Put them onto a specially made iron waffle maker. Heat up both sides with charcoal burner. A golden, crispy and brittle golden coin cookie is now ready. Each cookie is thin and crispy. One can hardly stop eating one after another.

Since the Portuguese brought spices to Macao, the use of sauce has been immersed into people's food habits through many years' evolvement. Curry is one of the popular sauces among locals. Many restaurants here provide such well-known dishes as curry fish balls and curry chicken noodles. Each restaurant has its own recipe of curry paste. The tastes, though slightly different



from one another, are mostly salty and spicy, with strong aroma. People who like sauce can also buy from restaurants canned curry paste, bring it home and continue with the delicious flavor.



Pork cracker is a must-buy in the Rua do Cunha in Taipa! They are produced by time-honored bakery shops with flour, pork and red beancurd sauce according to traditional recipe. Though just a thin piece, it is scented with strong aroma of red beancurd sauce. The freshly baked pork crackers following the old recipe are crispy and tasty. Please remember to go earlier to line up in order to buy them or normally, they would be sold out in the afternoon.

Pork Cracker

Almond Cookie

Traditionally, almond cookie is made according to the following steps: soak the green beans in water, boil them, remove the shell and grind them into powder. Lard should be boiled a day before and then marinated in granulated sugar overnight. The shape of the green

bean powder is set by cake molds. Then add almonds minced by hand, put the lard on the suface and bake the cookies by hand on big sieves for half an hour. Being crispy and tasty, it is commonly sold out as soon as it is made.



Phoenix roll is a type of egg rolls. It is named after "phoenix" for the sake of luckiness. The ingredients of phoenix roll are generally flour and eggs, combined with pork floss, seaweed, curry, dried fish floss and a number

of flavorings. Many bakery shops in Macao preserve the tradition of hand-made phoenix roll. Being made freshly every day, it is still crispy and tasty when it is enjoyed at home. It is a souvenir of worthy cause.

Nougat

The Chinese name for nougat is the transliteration of a traditional sweet in Russia. The ingredients include whole milk, peanuts and eggwhite. It is aromatic, chewy and sweet but not greasy. With big grains of peanuts inside, the texutre of softness mixed with hardness is very impressive. In order to buy authentic nougats, you

can go to the nougats shops at Rua do Cunha in Taipa. It is one of the most popular souveniers in Macao.

Popular among tourists and the local people, handmade peanut brittle is a traditional and authentic snack available only in Macao. Some shops produce it right at the storefront. First of all, stirfry the peanuts until they are fragrant. Then mix up and knead them

with maltose and lard. Handmade in each step, it attracts a lot of people to watch. The freshly made peanut brittle is hot, soft, sticky, chewy, sweet and scented with aroma of peanuts. After they cool down, it is crispy with a unique taste. There is also peanut brittle of sesame flavor. Covered with stirfried sesame, it is aromatic but not greasy. Having tried it once, you will never forget it.

Peanut Brittle

Phoenix Roll

Index of Restaurants

	Restaurant	Address	Telephone		
м	Macao				
01	Häagen-Dazs	Travessa do Roquete, n.º S, r/c 1, Macau	+853 2833 0688		
02	Estabelecimento de Bebidas Angela's Café	Avenida Doutor Mário Soares, e Avenida Comercial de Macau, zona da Baía da Praia Grande, zona A - Lote 1, New Yaohan, 1,º andar, Macau			
03	Estabelecimento de Bebidas Angela's Café	Praceta do Museu de Macau, n.º 112, Ed. Administrativo do Museu de Macau, 5.º andar e Plataforma, Macau			
04	Estabelecimento de Comidas Boa Fortuna				
05	Estabelecimento de Comidas Pak Fu Chong	Avenida da Amizade, N.º/N.º, Fisherman's Wharf, Edificio Lisboa II, 1.º Andar, Macau			
06	Don Alfonso 1890 - Macao				
07		Rua do Almirante Costa Cabral, N.º 140, Pak Wai Fa Un, R/C B, Macau			
08	Pizza Hut (Wan Yu Villas)	Avenida do Governador Jaime Silvério Marques, N.º 81, e Rua de Madrid N.º 111-117, Wan Yu Villas, R/C e S/L, Lojas AK e AL, Macau			
09	Pizza Hut (Avenida de Almeida Ribeiro)	Avenida de Almeida Ribeiro, N.º 89, N.º 95 e 99 e Rua Central. N.º 2, ZA e 28, Edf. Comercial Nam Va, 1 e 2 andares , Macau			
10	Pizza Hut (Van Sion Son Chun)	Rua Sul do Patane, N.º 107-113, Van Sion Son Churi, Rés-do-Chão DO, Macau			
11	Culinaria Vietnamita Cho Lon	Avenida Xian Xing Hai N.º 419 Seng Hoi Hou Teng, R/C U Macau			
12		Avenida da Praia Grande N.os 737 e 741 Edf. Nam Van R/C e K/C A3 e A4 Macau			
13	Estabelecimento de Comidas Turtle Essence Shop				
14					
15		Rua de Roma N.os 74-76 Tong Nam Ah Central Comercio R/C AD e AE Macau			
16	Estabelecimento de Comidas Wong Kun	Rua do Campo, N.º 308, R/C, loja A e N.º 310, R/C com s/l, loja A, Macau	+853 6632 3898 +853 2837 2248		
17	Estabelecimento de Comidas Combo		+853 2835 6415 +853 2835 7063		
18	Estabelecimento de Comidas Kau Dim	Rua Cidade de Santarém, N.º 483, 487, 491 e 495, Praça Wong Chio R/C e1" andar AD, AE, AF e AG, Macau			
19					
20	Estabelecimento de Comidas Lei Kai	Avenida de Venceslau de Morais n.º 106AA, E n.º 108-AB, R/C, Macau			
21		Largo da Companhia de Jesus, N.o 2, Centro com. e Turístico * 5. Paulo", 1 andar ACV, Macau			
22	Estabelecimento de Comidas Meet & Sweet Café				
23	Estabelecimento de Comidas Meng Mum Hoi Sin Fo Vo	Rua Cidade de Sintra, Praça Wong Chio, n.ºº 464 e 486, r/c e 1 andar, lojas Q. R. S. T. U. e V. Macau			
24	Estabelecimento de Comidas Chi Mei Teng	Rua do Almirante Costa Cabral, N.º 64, Edf. Pou Seng. R/C, Loja A, Macau			
25	Estabelecimento de Comidas Sushi da Fortuna				

26			
27	Ponte 16 Tak Heng (Macau) Fondue de Marisco	Rua do Padre António Roliz, n.º 5-17, e Pátio de Horta e Costa n.º 6-12, Chun Hang Garden lojas A e E r/c e s/l, Macau	
28	Ponte 16 Tak Heng (Macau) Fondue de Marisco	Rua de Pequim, n.º 174, Central Comercial Kuong Fat, 1 andar B, Macau	
29			
30		Rua Nova Da Areia Preta, N.os 408-500, Bloco 8 e 9, Tong Wa San Chun, AR/C, B R/C, C R/C, Macau	
31	Estabelecimento de Comidas Ting Mat Mat		
32		Avenida do Hipódromo, N.º 90, Nam Fai (Bloco 1, Bloco 2) R/CY, Macau	
33	Estabelecimento de Comidas Fruitarian		
34	Estabelecimento de Comidas Cafe de Novo Tomato		
35	Estabelecimento de Comidas Café Ou Mun		
36	Estabelecimento de Comidas San Hip Seng		
37	Estabelecimento de Comidas Sun Yick		
38		Rua da Bacia Sul N.º 112 e Praça das Orquideas N.º 308, Chino Plaza R/C B e J	
39	Edo Japanese Restaurant	Avenida da Amizade Hotel Lisboa, R/C, Cave 1 da Ala Velha (Ala Redonda) Macau	
40		Avenida do Hipódromo, N.º 90, Nam Fai (Bloco 1, Bloco 2) R/C Y, Macau	
41	Estabelecimento de Comidas "Tai Cheong" B.B.Q.	Rua do Comandante João Belo N.º 461, Lok Yeong Fa Un R/C J Macau	
42	Estabelecimento de Comidas Candy Café	Avenida do Ouvidor Arriaga N.o 46-A Edf. Nga Lim R/C B Macau	
43	Estabelecimento de Comidas Charming Gourment Cafe	Rua de Xangai, N.º 147, Edf. da Assoc. Comercial de Macau, r/c com s/l loja G, Macau	
44	Estabelecimento de Comidas Cafe de Novo Tomato		
45	Estabelecimento de Comidas Dragão (Fok Lun Sek Koon)		+853 2831 3104 +853 2832 3867
46	Estabelecimento de Comidas Sam's Curry		
47	Estabelecimento de Comidas "Japas"	Rua do Padre Eugénio Taverna N.º 165-307 Edf. Pat Tat Sun Chuen R/C EE, EF, ER, ES, ET, EU, EQ Macau	
48		Avenida Marginal do Lam Mau N.º S/N, La Magnificence, Bloco 1, R/C e K/C H Macau	
49		Rua do Padre António Roliz N.º31-A Edf. Pou Mei On R/C e S/L D Macau	

50	Estabelecimento de Comidas Cafe Super Mario	Rua Sul do Patane N.º 256 Vai Choi Garden (Bloco A, Bloco B, Bloco C) R/C e K/C e Macau	
51	Estabelecimento de Comidas Doce		
52	Estabelecimento de Comidas Kam Mun Tong	Rua do General Ivens Ferraz, N.o 461, Pou Choi-Lei Meng Kok Lei Iu Kok, R/C U, Macau	
53	Estabelecimento de Comidas Massas Recheadas Harbin	Rua Cidade de Santarém, N.o. 402, Edf. Hot Line R/C A e andar A, AU e AV, Macau	
54		Avenida de Horta e Costa, No. 11-8, Edf. Kou Wan, R/C e S/L B, Macau	
55	Estabelecimento de Comidas My Recipe		
56	Estabelecimento de Comidas Nova Riqueza	Rua Cidade de Coimbra, N. os 430-438, Edf. Brilhantismo, R/C, Loja E, F e G Macau	
57	Estabelecimento de Comidas Pepper Lunch		
58	Estabelecimento de Comidas Top Fusion	Rua de Francisco Xavier Pereira, n.o 99-A, Yu Hou, 5.º andar A, Macau	
59	Estabelecimento de Comidas Pho Tik	Rua do Bispo Medeiros, N.o 13-C e Rua da Esperança N.o 68, Ka Lon R/C A, Macau	
60	Estabelecimento de Comidas San Hou Choi Wan	Rua Cidade do Porto, N.os 327-351, Edf. Xam Yuen, R/C Lojas AJ e AK e 2 andar Lojas AH, AJ, AJ, AK e AL, Macau	
61	Estabelecimento de Comidas Villa de Mer Sushi Mi Tei	Rua da Pérola Oriental, Villa de Mer R/C Q, R E S, Macau	
62	Estabelecimento de Comidas Yat Wo		
63	Wa lat Loja de Sopa de Fitas e Dimsum	Rua Central da Areia Preta, N.o 79, Edf. Polytec Garden, R/C BC Macau	
64	Wallat Loja de Sopa de Fitas e Dimsum	Rua da Barca, No.16, Tung Meng Lau, R/C e S/L a Macau	
Ta	ilpa		
65	Estabelecimento de Comidas Men Mum Hoi Sin Fó Vó	Rua de Nam Keng, N.º 614-634 e Rua de Hong Chau nos. 10, 16 e 28. Edf. Hong Cheong (Blocos 1, 2,3) r/c lojas M, N, O, P e Q, Taipa	+853 2899 3355
66	Café Irlandés	Rua de Coimbra, N.º 131, Taipa	+853 2884 4500
67	Estabelecimento de Comidas Trote	Avenida de Guimarães, n.º 116 e 122. Flower City, loja D, R/C, Taipa	
68	Estableceimento de Comidas Crystal Palace Seafood Hot Pot	Rua Do Regedor, n.= 211, 205 e 199, Chun Fok Village, r/c, Iojas X, Y e Z, Taipa	
69		Parcela 5 e 6, Zona A, Estrada do Istmo, Cotai, Macau, Loja N.º 1028	+853 2885 2919
70	Estabelecimento de Comidas Modem Thai	Rua do Regedor, n.** 85 e 87, Chun Fok Village-2A. Fase, Bloco 3, r/c, Iojas O e P, Taipa	
71	Estabelecimento de Comidas Azucar	Rua de Seng Tou, N.º 513, Urbanização da Nova Taipa - Fase I Bloco 29, 31, r/c D, Taipa	
72	Estabelecimento de Comidas Tin Tin Fo Wo	Avenida Dr. Sun Yat Sen, N.º 350, e Rua do Porto, N.º 379, Taipa	
73	Terrazza Italian Restaurant	COTAI, Nascente da Avenida Marginal Flor de Lótus e a Sul de Estrada da Baia de Nossa Senhora de Esperança, 2º andar (1.2) do "HOTEL GALAXIA"	+853 8883 2221 +853 8883 2116

74		Rua dos Clérigos, n.os 89-95, r/c e 3 andares, Taipa	+853 2835 5978
75	Estabelecimento de Comidas Chinese Kitchen		+853 2884 2996
76	Estabelecimento de Comidas Charming Gourment Café	Rua de Seng Tou, Nova Taipa Garden, n.º 525 e 531, Urbanização da Nova Taipa - Fase 1, Blocos 29 e 31, r/c B, Taipa	+853 2822 0198
77			+853 2833 0688
78	Estabelecimento de Comidas António		+853 2853 1536
79	PIZZA HUT (Taipa Fa Seng)		+853 2884 3160
80		The Grand Canal Shoppes, The Venetian Macau Resort & Casino, Cotal, unit n.º 2522, piso 3 (L3)	+853 2882 8918
81		Rua do Regedor, N.º 181,185, Chun Fok Wilage-1 Fase AC R/C e AD R/C (R/C), Taipa	+853 2882 5257
82			
83	Estabelecimento de Comidas Cento Sabores	路区填海区澳门威尼斯人酒店·大运河路物中心	+853 2882 8339
84		Rua do Regedor N.º 73 e 79, Chun Fok Village-Fase II, Wai Tai Kok, R/C R e Q Taipa	+853 2830 1189
85		Rua do Regedor, N.os 53-67, Chun Fok VIllage, Fase 2 Bloco 4 Wai Chin Kok, Lojas S, T, U, V, Taipa	+853 2882 5255
86			+853 2850 6202
87		Estrada Lou Lim leok, N. os 7-L, e 7-M, Wa Seng San Chong (Bloco 2), R/C, Lojas A, B, Taipa	+853 2881 1322
88	Estabelecimento de Comidas de Jardim das Borboletas		+853 2883 0390
89	Tapas de Portugal	Rua dos Clérigos N o 9 Taipa	+853 2857 6626





