

厄斯特松德 Östersund 瑞典 Sweden

加入網絡
Year of designation
2010

城市介紹 City Information

Östersund and Region Jämtland Härjedalen are a UNESCO Creative City of Gastronomy. We were awarded this title in 2010 so far we are still the only

region in Sweden to have the distinction. This says a lot about our fantastic food creators and our amazing artisan foods. In fact, it says nothing less than we are Sweden's most flavoursome region.

We were honoured as a UNESCO Creative City of Gastronomy because we work actively with, and take a long-term perspective to small-scale, artisan food creation. The foundation of our artisan food culture is all the enthusiastic, creative food fans in the region farmers, chefs, restaurant owners and culinary entrepreneurs. Another major driving force is Sweden's national centre for food crafts, Eldrimner, which



provides knowledge, support and inspiration to chefs and small-scale food producers in the region, the country and the Nordic countries.

Östersund is the place for everybody who loves exciting food experiences. It has both culinary art and locally-produced foods of the highest quality. And if you want to experience the Jämtland flavours of clean, fair and truly good food, this is exactly the place for you to visit. Welcome to Östersund and Region Jämtland Härjedalen, a UNESCO Creative City of Gastronomy, Sweden's most flavoursome region.



廚師簡介 Chef Information

- **Johan Gustav Rudsby**

Head chef and owner of two restaurants in the north of Sweden.

I am a self taught chef that has worked in kitchens around europe for well past a decade. I grew up on a farm with sheep and cattle with the forest and wild rivers around the corner. It has greatly inspired my cooking with a holistic and sustainable approach. 5 years ago I moved home to the farm where I grew up on and opened the first of my restaurants. In my restaurants I try to express a mix of traditional cooking and new nordic cuisine.

- **Karin Sofia Lilja**



菜品名稱 Dish Name

- **Mushroom Butter Foam**
- **Potato Dumplings with Duck**

